

AEGIS NEWS

Aegis Dental Newsletter

This month marks the 7th yea anniversary of Aegis Dental.

At Aegis Dental, we are committed to providing you with the highest level of care, cutting-edge technology outstanding customer service, and the smile of a lifetime.

Aegis Dental team extends our sincere gratitude to everyone for entrusting us with your dental care needs.

"AEGIS" means protection or support. Just as the name means, Aegis Dental is here to care for your dental needs.





New Guidelines for what they are allowed to drink in the first years.

Scientists at Healthy eating Research, a nutrition advocacy group set new guidelines for kids diet

- 0-6months—breast milk or formula
- At 6 months—water added to diet
- At 1 year formula switched to cow's milk
- 1– 5 years—milk and water

Kids should not be given any sweetened drinks.

All plant based beverages (almond rice or oat milk) should be avoided.

"September is National Gum care Month"

Gum disease can be prevented by personal dental hygiene (brushing & flossing) and good diet., with preventative cleaning.

Vaping/E-cigarettes use.

Vaping has grown in popularity these days. Other than the oral health issues like gingivitis, gum disease, dry mouth, tooth decay oral thrush, or contains carcinogen that can cause cancers, as reported in a health line published on Fox news, Federal and state officials have reported cases of pulmonary disease and deaths related to vaping.

FDA is launching a public service Campaign against Youth Vaping Epidemic.



Everyone smiles in the same language !!! Aegis family at Tasha's wedding!!!